

Bachelor of Health Science (Fitness)

1. About Health Science (Fitness)

The Bachelor of Health Science (Fitness) provides students with the foundational health and bioscience subjects with an accompanying fitness major. The degree covers health promotion and awareness as well as foundational science relevant to the human body.

Students are exposed to fitness programming, strength and conditioning, business and exercise for different populations. Practical learning is undertaken in the laboratory, gym and in the field, providing students with exposure to the latest technology and equipment.

This degree also develops professional communication skills essential for engagement with prospective clients.

2. Essential requirements for admission

The ACPE admission requirements are outlined in the [Admissions Policy - Undergraduate](#)

3. Student Profile (New commencing students)

Applicant Background	Semester1 & Semester 2 2019	
	Number of Students	Percentage of all students
(A) Higher Education Study	0	0
(B) Vocational Education and Training (VET) Study	<5	NP
(C) Work and Life Experience	<5	NP
(D) Recent Secondary Education (Admitted on the basis of other criteria only and ATAR was NOT a factor)	<5	NP
International students	0	0
All students	3	100.0%

<5 - The number of students is less than 5

N/A - Students not accepted in this category

NP - Not Published : the number is hidden to prevent calculation of numbers in cells with less than 5 students

4. Admission Criteria

a. Applicants with Higher Education study

Applicants with any previous completed higher education study will be required to provide evidence of this study in the form of an academic transcript and testamur.

Applicants with any previous incomplete higher education study will be required to provide evidence of this study in the form of an academic transcript.

If the higher education study was completed in a country other than Australia, the applicant must provide evidence that the qualification has been assessed as equivalent to an Australian higher education qualification.

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All applicants must attend a final admissions interview upon submission of their enrolment paperwork. Admissions interviews may be conducted face to face, by other verbal medium (e.g. teleconference or Skype) or a combination of these mediums.

All applicants for entry to any course must meet minimum computer literacy standards as determined by the College and have unrestricted access to the internet and a personal email account.

Domestic applicants must be 18 years of age or turn 18 within their first semester of study. International applicants must be 18 years of age or older.

All applicants must meet the minimum English language requirements for their chosen course of study.

For those courses that involve work integrated learning where students may deal with children (i.e. under 18 years of age) such as education courses, the applicant must be aware that a valid Working with Children Check must be supplied to the College prior to the student undertaking the relevant coursework. If the applicant knows of any reason why they will not pass a Working with Children Check, they should not apply for entry to these courses.

b. Applicants with vocational education and training (VET) study

Applicants must have completed a national qualification of Certificate IV or above or a Tertiary Preparation Certificate.

Applicants with any previous completed VET study will be required to provide evidence of this study in the form of an academic record and testamur.

Applicants with any previous incomplete VET study will be required to provide evidence of this study in the form of an academic record or a statement of attainment.

If the VET study was completed in a country other than Australia, the applicant must provide evidence that the qualification has been assessed as equivalent to an Australian qualification.

All applicants must meet the minimum English language requirements for their chosen course of study.

All applicants must attend a final admissions interview upon submission of their enrolment paper work. Admissions interviews may be conducted face to face, by other verbal medium (e.g. teleconference or Skype) or a combination of these mediums.

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c. Applicants with work and life experience

Applicants who may not meet the educational requirements but who can demonstrate some educational disadvantage in schooling, will be considered on a case by case basis.

Mature age students (21 years or over) who have not completed Year 12 and who have relevant work or life experience that indicates they would be able to manage the level of coursework required will be considered for admission on a case by case basis.

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d. Applicants with recent secondary education (within the past two years)

Applicants to ACPE who have completed Year 12 must have a minimum NSW HSC average of 60 (calculated from the average of the highest 6 units completed), or equivalent.

Applicants who have completed Year 12 with a HSC average lower than 60 may be considered eligible for entry with other post-school study (e.g. Tertiary Preparation Certificate, VET study, one year study at another higher education institution).

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5. How to apply

Refer to the College Calendar for commencement dates

<https://www.acpe.edu.au/current-students/important-dates>

Application Checklist

- Application Form
- HSC results (if applicable)
- Previous study - certified copies of transcript(s) and testamur(s) (if applicable)
- Proof of citizenship/age – certified copies of birth certificate or current passport

Detailed information on the enrolment process can be found on our website:

<https://www.acpe.edu.au/future-students/admissions/how-to-apply>

[Apply directly online](#) here (Domestic Students)

Talk to us:

ACPE's team of friendly Admissions Advisers are on hand to answer any questions and to assist with your enrolment.

Call us on **1300 302 867** during the following times:

Monday to Friday – 9:00am to 5:00pm AEDST

You can also submit an online Course Enquiry and we will contact you:

<https://www.acpe.edu.au/contact-us>

International Students

Please read the international Admissions information and download your [International Student Application form here](#).

Submit your completed form and supporting documentation to:

international@acpe.edu.au or post your completed application and supporting documents to:

International Admissions Office
ACPE Locked Bag 2000
Concord West NSW 2138

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6. Advanced standing/Recognition of prior learning (RPL)

Recognition of prior learning acknowledges the skills and knowledge that students will bring to their studies at ACPE through previous education or employment experience.

Recognition of prior learning means credit towards a course in consideration of prior learning in another award course at the College or at another institution or in other non-educational contexts in Australia or overseas. The advanced standing is expressed as credit points granted towards an award course.

For more information please visit: <https://www.acpe.edu.au/future-students/admissions/entry-requirements/recognition-of-prior-learning/>

7. Where to get further information

- Higher Education Registration and Accreditation status of ACPE – TEQSA register: <https://www.teqsa.gov.au/national-register/provider/ACPE-Limited>
- Quality Indicators for Learning and Teaching (QILT) for ACPE: <https://www.qilt.edu.au/institutions/list/institution/the-australian-college-of-physical-education>
- Accreditation with NESAs (NSW Education Standards Authority) – Initial Teacher Education courses: <http://educationstandards.nsw.edu.au/wps/portal/nesa/teacher-accreditation/how-accreditation-works/higher-ed-providers-ite/accredited-teaching-programs>
- Fee-Help information: <http://studyassist.gov.au/sites/studyassist/help/payingmyfees/fee-help/pages/fee-help->
- Information on appeals and grievance processes Domestic & International students: [Grievance, Complaints and Appeals Policy](#)