

2021 Course Brochure

Bachelor of Sports Coaching (Management)



ACPE
AUSTRALIAN COLLEGE OF
PHYSICAL EDUCATION



The Bachelor of Sports Coaching (Management) is a specialist degree fostering the coaching, management, and professional skills necessary for a fulfilling career in sport. Students learn about the art and science of sports coaching, leadership, and business management. Through a combination of theory, practical, and industry experiences students become fully equipped to develop their own sport coaching knowledge, skills, and behaviours, as well as developing these in others.

COURSE DURATION

3 years full time or part time equivalent.

STUDY MODE

Blended.

SEMESTER INTAKES

March and August annually on campus.

FEE-HELP

FEE-HELP Approved, Payment Plans, Upfront payment available.

Tuition payment arrangements must be confirmed upon admission to the college.

ENTRY REQUIREMENTS

Applicants must meet at least ONE of the following criteria to be considered for admission:

1. A minimum HSC (Higher School Certificate) or equivalent. ACPE will review the HSC results to determine if students require any additional support in their studies and will be counselled about the most appropriate course for them based on their own previous studies and results.
2. A qualification from a recognised higher education provider
3. An Associate Diploma, Diploma, Advanced Diploma, or Tertiary Preparation Certificate from a TAFE or other recognised VET provider qualification (Students wishing to enter through Certificate IV must have completed Year 11 or equivalent)
4. One year full-time or equivalent in a degree course at an Australian university
5. Satisfaction of entry requirements specified under formal articulation arrangements as determined by the ACPE Academic Board
6. A recognised overseas qualification with demonstrated proficiency in English
7. Demonstration to the Dean's satisfaction of good selection prospects as a student (for example, relevant work experience and motivation to study), and ineligibility to compete for admission based on the academic achievement criteria (1) to (6)

ALTERNATE ENTRY

An applicant seeking admission who is unable to demonstrate that they satisfactorily meet the General Admission Criteria above may apply to the College to be considered for Alternate Entry. The applicant may be requested to provide evidence that will demonstrate they have a reasonable likelihood of success in studies with the College. This includes mature entry (over 21 years) with relevant experience, elite athletes with interrupted study due to sports commitments, and any other potential applicants who may not meet the criteria above. Entry with advanced standing through educational pathways (e.g. RPL or credit transfer) may also be available based on previous study.

For students who have left school but who haven't completed their HSC and are under 21 years of age, ACPE has an alternative entry pathway to allow potential access to an ACPE degree. For more information head to acpe.edu.au/earlyaccept/

ASSESSMENTS

While some units require mid-term and final exams, assessments may also comprise quizzes, essays and tutorial participation. Students enrolled in an online unit sit their final exam at the College or if they live at a distance, under external supervision.

ONLINE LEARNING

Selected units available online **for students enrolled in courses that are not fully online.**

Online units in these courses are taught with a viable cohort of students. If the cohort in these units is too small to ensure an optimal student experience, the College reserves the right to alter the delivery mode to on campus or mixed mode.

ADDITIONAL CERTIFICATIONS

When completing this degree, you will have the opportunities to complete additional certifications. Examples of certification may include :

- AFL Level 1 Youth and Senior Online Coaching Course
- AFL Introduction to Community Club ELearning

- AIS Community Coaching General Principles
- Match Fixing Awareness E-Learning Program, Australian Government
- ASADA Level 2 Anti-Doping Course
- ASADA Anti-Doping Level 1 Course
- ASCA Level 1 Course

CAREER OPPORTUNITIES

Graduates are qualified to pursue a range of careers including:

- Participation or Performance Coaches
- Coach Development/Education Managers
- High Performance Coaches
- Community/School Coaching Program Managers
- Academy Managers
- Sports Manager

ABOUT ACPE

The Australian College of Physical Education (ACPE) is one of the oldest higher education providers in NSW. For 100 years the College has provided first rate qualifications in physical education (PDHPE), dance education, sports business, health science, health and movement, coaching, applied fitness, and community health. ACPE courses are delivered at its purpose-built campus in Sydney Olympic Park, with a range of courses and individual units offered online.



FEE-HELP Available



Blended mode



Full Time or Part Time Study Load



BACHELOR OF SPORTS COACHING (MANAGEMENT)

FULL TIME COURSE STRUCTURE

Code	Unit Title	Contact Hrs/Wk	Credit Points	EFTSL	Unit Type	Pre-req	Online	Campus
SEMESTER 1 – 1ST YEAR								
HSC1104	Skill Acquisition	3	6	0.125	HSC	Nil	✓	✓
PER1103	Coaching Techniques and Pedagogy	3	6	0.125	PER	Nil	✓	✓
PER1205	Officiating	3	6	0.125	PER	Nil	✓	✓
SPB1301	Administration for the Sport and Recreation Industry	5	6	0.125	SPB	Nil	✓	✓
SEMESTER 2 – 1ST YEAR								
HSC1202	Musculoskeletal Anatomy and Physiology	3	6	0.125	HSC	Nil	✓	✓
PER1202	Theory and Application of Playing and Coaching Sport	3	6	0.125	PER	Nil	✓	✓
PER1206	Introduction to Performance and Exercise Psychology	3	6	0.125	PER	Nil	✓	✓
SPB1101	Introduction to Sports Business	3	6	0.125	SPB	Nil	✓	✓
SEMESTER 3 – 2ND YEAR								
HSC2103	Applied Exercise Physiology	3	6	0.125	HSC	HSC1202	✓	✓
PER2105	Strength and Conditioning	3	6	0.125	PER	HSC1202	✓	✓
SPB1203	Marketing for the Sport and Recreation Industry	3	6	0.125	SPB	Nil	✓	✓
SPB1201	Accounting for Managers	3	6	0.125	SPB	Nil	✓	✓
SEMESTER 4 – 2ND YEAR								
HSC2201	Biomechanics	3	6	0.125	HSC	HSC1202	✓	✓
SPB1202	Governance and Policy in Sport and Recreation	3	6	0.125	SPB	Nil	✓	✓
SPB2203	Sport and Human Resource Management	3	6	0.125	SPB	SPB1301 or SPB1202	✓	✓
PER2102	Professional Communication	3	6	0.125	PER	PER1103	✓	✓
SEMESTER 5 – 3RD YEAR								
GHS2104	Youth Health and Resilience	3	6	0.125	GHS	SPB1301	✓	✓
PER2106	Performance Analysis and Research in Coaching	3	6	0.125	PER	SPB1301	✓	✓
SPB2102	Sport Recreation and the Law	3	6	0.125	SPB	SPB1101 or SPB1301	✓	✓
SPB2105	Finance for the Sport and Recreation Industry	3	6	0.125	SPB	SPB1201	✓	✓
SEMESTER 6 – 3RD YEAR								
PER3202	Inclusive Coaching	3	6	0.125	PER	Any 2nd Year unit	✓	✓
PER3207	Athlete Talent Identification and Development	3	6	0.125	PER	HSC2103	✓	✓
GHS2301	Professional Integrity	3	6	0.125	GHS	SPB1301	✓	✓
SPB3201	Event and Project Management	3	6	0.125	SPB	SPB2203 or SPB1201	✓	✓

Students have the opportunity to apply for ASCA Level 1 Accreditation upon the completion of PER2105

HOW TO APPLY?

Domestic Students

1300 302 867
Apply online at acpe.edu.au

International Students

+61 2 9739 3314
international@acpe.edu.au

Code	Unit Title	Description
SEMESTER 1		
HSC1104	Skill Acquisition	This unit provides students with the theoretical background and practical experiences that allow them to understand how the acquisition of motor skills affects performance.
PER1103	Coaching Techniques and Pedagogy	This unit introduces principles of coaching practice through identifying how a combination of techniques and styles can be used to reach a common goal.
PER1205	Officiating	This unit provides insight into the role of sport officials. Central to this aim is an understanding of the complexity of officiating and an appreciation of the function of officials in the sporting environment and to effectively communicate within these environments.
SPB1301	Administration for the Sport and Recreation Industry	This unit provides a broad understanding of administration for sport and the recreation industry and an introduction to academic literacy and practices required for tertiary study in sports business.
SEMESTER 2		
HSC1202	Musculoskeletal Anatomy and Physiology	The aim of this unit is to provide students with a basic knowledge of anatomical structures and their function in the human body. Content will focus on function and integration of the neuro-musculoskeletal system relevant to human movement.
PER1202	Theory and Application of Coaching Sport	This unit introduces skills of critical thinking, questioning and lateral thinking in the coaching of athletes focusing on methods of modifying games and activities that enhance ability and awareness in skills, tactics and playing principles through problem based learning.
PER1206	Introduction to Performance and Exercise Psychology	This unit introduces important issues in the field of sport and exercise psychology. The psychological, social, and emotional impacts of sport, exercise and dance involvement are examined with the application of basic performance enhancement strategies.
SPB1101	Introduction to Sports Business	This unit introduces students to the nature of sports business including the examination of internal and external business environments within the sport, leisure and dance industries.
SEMESTER 3		
HSC2103	Applied Exercise Physiology	This unit introduces students to the physiological bases of human movement. It examines the interactions between cardiovascular, respiratory, and musculoskeletal systems as well as bioenergetics, neurological and hormonal aspects of human performance.
PER2105	Strength and Conditioning	This unit aims to extend students' knowledge in the physiological adaptations of Strength and Conditioning, allowing the development of skills, practices and understanding of its principles. This knowledge can be applied to holistic training programs for participants of all abilities and ages.
SPB1203	Marketing for the Sport and Recreation Industry	The unit introduces students to the basic principles of marketing when applicable to sports and products that are required for participation by sports people or are promoted to sports 'fans/supporters'. It includes the key sport marketing determinants and their importance to the role of sport managers.
SPB1201	Accounting for Managers	Students are introduced to the foundation principles and practices relevant to accounting for managers developing an appreciation of the nature, application and relevance of accounting in sport business environments. The unit should enable students to develop practical and theoretical skills to enable them to record, analyse and utilise financial data for both reporting and decision making purposes for a broad range of business entities operating within the sports industry Students will be made aware of the professional responsibilities of the accounting functions of a business.
SEMESTER 4		
HSC2201	Biomechanics	This unit provides an understanding of the mechanical analysis of human movement and identify the biomechanical principles, which influence human movement in physical activity.
SPB1202	Governance and Policy in Sport and Recreation	This unit will provide a background of sports governance, allowing students to assess and select appropriate strategies and guidelines to establish high-performing leadership for best-practice sport governance.
SPB2203	Sport and Human Resource Management	This unit provides students with foundation principles and practices relevant to human resource management in sport.
PER2102	Professional Communication	Provides an introduction to effective communication required in individual and group processes and how they affect people in organisations.
SEMESTER 5		
GHS2301	Professional Integrity	This unit introduces students to a range of ethical issues that arise in movement and health contexts. Through the examination of these issues, it is intended that students will gain a wider appreciation of the impact of ethics on the day-to-day and long-term decision-making processes and react to these with integrity.
PER2106	Performance Analysis and Research in Coaching	This unit aims to introduce students to the concept of conducting research projects; underpin the reasons for, and methods of, measuring athlete performance and development through testing. Various research methodologies and findings will be discussed to highlight the strengths and limitations of information gained through research; and how it can be applied to the sport science and coaching profession.
SPB2102	Sport Recreation and the Law	This unit provides an understanding of necessary legal elements of sports administration, with a focus on an understanding of the legal system, sport administration, the tort of negligence, and contract law.
SPB2105	Finance for the Sport and Recreation Industry	This unit provides students with the foundation principles and practices relevant to sport finance. Students will appreciate the relevance and nature of applying financial techniques in a commercial context. Students will also develop a practical and critical perspective of sources and applications of finance within the sports industry as well as the benefits that finance derives in assisting managers in the decision making process.
SEMESTER 6		
PER3202	Inclusive Coaching	This unit provides students with an understanding of inclusive coaching practices as it relates to diverse populations.
PER3207	Athlete Talent Identification and Development	This unit focuses on the identification and development of sporting talent (TID) through the use of performance analysis and coaching. Students will be exposed to current TID models used in various high performance sporting environments. By the end of this unit students should be able to critically analyse, consolidate and synthesise knowledge of TID principles and practices in various sporting (coaching) contexts.
GHS2104	Youth Health and Resilience	This unit covers trends in understanding and approaching youth health, paying particular focus on understanding and discussing the resilience paradigm.
SPB3201	Event and Project Management	This unit provides students with an overview of the management principles associated with event and project management. The unit investigates the fundamental principles required to stage major events and provides the framework of planning, design and marketing, research and development, conflict resolution and problem solving.